

# YOUNG ADULT PROGRAMS

June 2025

Presented by MD Anderson Cancer Center and Dan's House of Hope (DHOH)

**Register for all activities at [tinyurl.com/AYAprogram](https://tinyurl.com/AYAprogram)**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 Restorative Yoga (DHOH)* 6 p.m.	5 Arts & Crafts (DHOH)* 6:30 p.m.	6 Caregiver Coffee (DHOH)* 10:30 a.m.	7 Deadline to register for Rustic Brush #1
8	9	10	11 Restorative Yoga (DHOH)* 6 p.m.	12 Young Adult Support Group 6:30 p.m. <hr/> Caregiver Support Group* 6:30 p.m.	13	14 Rustic Brush #1 2 p.m. *waitlist status* 
15 Deadline to register for Rustic Brush #2	16	17	18 Restorative Yoga (DHOH)* 6 p.m.	19	20 Caregiver Coffee (DHOH)* 10:30 a.m.	21 Deadline to register for 7/3 Arts & Crafts (DHOH)*
22 Rustic Brush #2 2 p.m. *waitlist status* 	23	24	25 Restorative Yoga (DHOH)* 6 p.m.	26 Young Adult Support Group 6:30 p.m.	27	28
29	30	<div> <b>Returning in August: Book Club!!!!</b>            Dates for discussion groups are TBD;            the book will be "The Girl Who Knew Too Much"            by Amanda Quick. Grab your copy now!         </div>				

**All events are virtual unless otherwise indicated.**



**In person, off campus**

\* open to guests

*Activities are on CST and open to everyone regardless of where treatment was received*

Danshouseofhope.org/our-programs  
Facebook.com/danshouseofhope

aya@mdanderson.org  
Facebook.com/groups/mdandersonaya



THE UNIVERSITY OF TEXAS  
**MDAnderson**  
**Cancer Center**  
Making Cancer History®

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## Arts & Crafts

Tap into your creative side through fun arts and crafts which vary each month. Registration is required and ideally occurs at least 10 days prior to the activity so that supplies can be mailed at no cost to you by Dan's House of Hope.

Virtual: Yes – REGISTRATION REQUIRED (use drop-down box to select correct session date)

Open to guests/caregivers: Yes

## Book Club

We're bringing book club back in August! Virtual discussion date is still being determined, but the book will be "The Girl Who Knew Too Much" by Amanda Quick. Get your copy now, take your time reading, and join us in August to discuss!

Virtual: Yes (we may also try for an in-person event as well)

Open to guests/caregivers: Yes

## Caregiver Coffee

Sip on your morning coffee and chat with other caregivers. Hosted by Dan's House of Hope.

Virtual: Yes

Open to guests/caregivers: Yes – caregivers only

## Caregiver Support Group

Connect with other young adult caregivers (spouses, children, siblings, friends etc.) on a variety of topics.

Virtual: Yes

Open to guests/caregivers: Yes – caregivers only

## Restorative Yoga

Join a calming restorative yoga class hosted by Dan's House of Hope. All movement is customized to your needs.

Virtual: Yes

Open to guests/caregivers: Yes



## Rustic Brush - **IN PERSON ACTIVITY!** *\*both sessions are currently on waitlist status\**

[The Rustic Brush](#) in the Galleria is a one stop shop for creating a customized piece of home décor! There is a maximum capacity of 40 people per session, so we are offering 2 session options to choose from. Register with us FIRST, and then we'll send you the official registration link + promotional code that will cover any project up to \$55. You'll use that to go to the official Rustic Brush registration page and select the type of project you want to do along with the exact design you want to use (options are pictured on their website, but colors can be changed to whatever you want once at the studio). Each patient is allowed one guest, who will need to register separately so that they can select their own unique design.

**Deadline for registration for the 6/14 session is on 6/7.**

**Deadline for registration for the 6/22 session is on 6/15.**

Virtual: No

Open to guests/caregivers: Yes – each patient can bring 1 guest (they need to register independently and reference the patient)

## Young Adult Support Group

Connect with other young adult patients on a variety of topics. On holidays, the group becomes a casual hangout.

Virtual: Yes

Open to guests/caregivers: No - caregivers have a separate support group just for them!

Danshouseofhope.org/our-programs

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